



BHARAT INSTITUTE OF TECHNOLOGY

Mangalpally, Ibrahimpatnam, R.R. District, PIN-501510

(Affiliated to JNTUH, Approved by AICTE and PCI, New Delhi. Accredited by NAAC)

REPORT ON INTERNATIONAL YOGA DAY 2018-2019

Title: International Yoga Day 2018

Date: 21/06/2018

Duration: 10:00 am-11:30 pm

Venue: BIT Pharmacy Seminar Hall

International Yoga Day 2018 was conducted in Bharat Institute of Technology with 50 (nos) Students from B.Pharmacy & Pharma D. The facilitator, Swami Bodhamayananda, (Director, Vivekananda Institute of Human excellence) focused on significance of yoga in making life better by improving concentration, mindfulness and sanity etc. and introduced various strategies in yoga and engaged practical exercises including on-spot yoga asana with students . The key takeaways included the importance of yoga for betterment in life.



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NAME OF THE PROGRAM: INTERNATIONAL YOGA DAY

DATE: 21/06/2018

YEAR: 2018-2019



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REPORT ON GUEST LECTURE ON SOFT SKILLS DEVELOPMENT

Title: Guest lecture on soft skills development

Date: 09/08/2018

Duration: 1:30 pm-2:30 pm

Venue: BIT Pharmacy Seminar Hall

A hands-on workshop on

Soft Skills was conducted in Bharat Institute of Technology for 44 (nos) B.Pharmacy students.

The facilitator, Dr. Jagannatha Rao (Soft Skills trainer Benguluru) focused on various areas of soft skills development such as Critical thinking, logical thinking and argumentation and introduced various strategies .participants engaged practical exercises including on-spot questionnaire filling. The key takeaways included the importance of effective thinking and skillful argumentation.



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NAME OF THE PROGRAM: GUEST LECTURE ON SOFT SKILLS DEVELOPMENT

DATE: 09/08/2018

YEAR: 2018-2019



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REPORT ON GUEST LECTURE ON COMMUNICATION SKILLS 2018-2019

Title: Communication skills workshop

Date: 10/10/2018

Duration: 1:30 pm-2:30 pm

Venue: BIT Pharmacy Seminar Hall

A hands-on workshop on

Communication Skills was conducted in Bharat Institute of Technology for 50 (nos) B.Pharmacy students. The facilitator, Ms. Lakshmi Mantha (Asst Prof. Osmania University. Hyderabad) focused on various areas of communication skills development such as Conversation skills, Grammar, vocabulary and Public Performance. and introduced various strategies .participants engaged practical exercises including on-spot questionnaire filling. The key takeaways included the importance of public speaking and vocabulary enhancement.



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NAME OF THE PROGRAM: GUEST LECTURE ON COMMUNICATION SKILLS

DATE: 10/10/2018

YEAR: 2018-2019



P.S. 10/10/18
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REPORT ON HEALTH AND HYGIENE WORKSHOP 2018-2019

Title: Health and Hygiene workshop

Date: 08/11/2018-10/11/2018

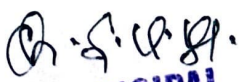
Duration: 10:00 AM-12:00 PM

Venue: BIT Pharmacy Seminar Hall

A hands-on workshop on

Health and Hygiene was conducted in Bharat Institute of Technology for 44 (nos) B.Pharmacy and Pharma D students. The facilitator, Mrs. P. Haritha (**Assistant Professor, Bharat Institute of Technology**) focused on significance of Health & Hygiene, Menstrual Hygiene and introduced various strategies about hygiene. Participants engaged practical exercises including sharing their life experiences they faced due to lack of hygiene and actively participated in case studies explained by the speaker. The key takeaways included the importance of Health and Hygiene in Day to day life.




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NAME OF THE PROGRAM: HEALTH AND HYGIENE WORKSHOP

DATE: 08/11/2018-10/11/2018

YEAR: 2018-2019



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REPORT ON "A TALK ON PHYSICAL FITNESS" GUEST LECTURE 2018-2019

Title: A talk on physical fitness

Date: 10/12/2018

Duration: 2:30 pm-3:30 pm

Venue: BIT Pharmacy Seminar Hall

The Speaker, Surendar Reddy (Physical Director BIET Hyderabad), delivered a guest lecture on Physical fitness to 49 (Nos) B.pharmacy and Pharma D students. The lecture explored significance of physical fitness in day to day life. Mr. Surendar Reddy also discussed that fitness keeps body and mind at a pace which helps us reach our day to day goals at a time. Students engaged in a lively discussion about their day to day activities and contributions they are making for maintaining fitness in their bodies.



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NAME OF THE PROGRAM: A TALK ON PHYSICAL FITNESS

DATE: 10/12/2018

YEAR: 2018-2019

